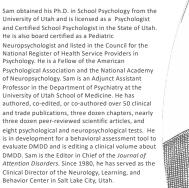




- Editor of Handbook of DMDD (Springer, 2024)









#### Goals

• To understand the forces that shape a fairness mindset, including genetics, Make a timeline of the important historical events or list historical contributions made by the LGBTQIA+ community. brain functioning, and past and present experience.

To know why fairness is a critical component of an effective, safe classroom
 and how to honor and promote its value in learning and in life.

 To develop techniques to help students strengthen their social and emotional skills and to build connections with peers, family and other adults in their lives.

5

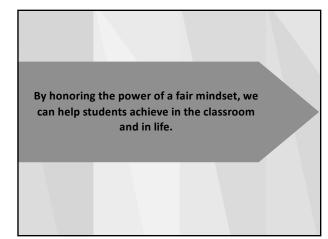
# Teaching children about fairness is essential for their personal and social development

- Development of Moral Compass: Fairness helps children differentiate between right and wrong, aiding in the establishment of a strong moral foundation.
- Building Trust: Children who learn the value of fairness are more likely to be trustworthy, fostering stronger relationships with peers and adults alike.
- Promotes Equality: Teaching fairness ensures children understand the importance of equal treatment, regardless of race, gender, religion, or socioeconomic background.
- Conflict Resolution: Children who understand fairness can address disputes more effectively and constructively, reducing the likelihood of prolonged disagreements or resorting to aggression.
- Fostering Empathy: Recognizing fairness often requires understanding another person's perspective, which helps develop empathy—an essential skill for emotional intelligence.

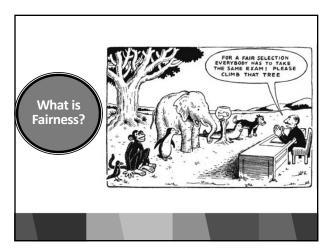
# Teaching children about fairness is essential for their personal and social development

- Social Cohesion: A sense of fairness helps children work collaboratively in group settings, understanding that collective success often hinges on everyone being treated justly.
- Promotion of Accountability: Fairness teaches children to take responsibility for their actions. When they commit an unfair act, they learn to acknowledge it and make amends.
- Building Self-Esteem: Children who practice fairness and experience it in return develop a sense of self-worth, knowing they are valued as equal members of their community.
- Preparation for Adulthood: As children grow into adults, a strong sense of fairness will guide them in their personal and professional relationships, ensuring they navigate complex situations ethically.
- Establishing a Just Society: On a broader scale, children who are taught fairness contribute to building a more just and equitable society. As they grow up, they'll carry these values with them, influencing policies, decisions, and social norms for the better.
- Teaching fairness is not just about individual growth but about creating a world that values each individual and strives for collective well-being.

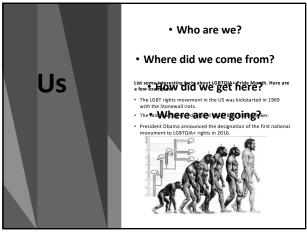
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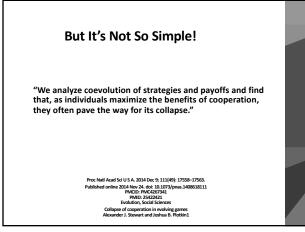








"Species that cooperate with each other are more to more be analysis of the the potential devices of the the balance of the total devices more billed to survive than those who work on their own." "Bruce D. Perry, *The Boy Who Was Raised as a Dog* 



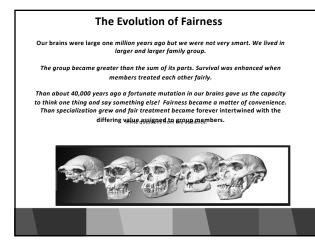
#### **Game Theory Calls Cooperation Into Question**

Both cooperators and defectors are often found at appreciable frequencies in nature. The predicted prevalence of these behaviors depends critically on the payoffs resulting from social interactions. Understanding the feedback between strategy evolution and payoff evolution is therefore critical for understanding social interactions in natural populations.

> Proc Natl Acad Sci U S A. 2014 Dec 9; 111(49): 17558-17563. Published online 2014 Nov 24, doi: 10.1073/pnas.1406618111 PMID: PMCDE/S741 PMID: 52522421 Evolution, Social Sciences Collapse of cooperation in ecolving games Alexander J. Skewart and Johuna B. Potöhni

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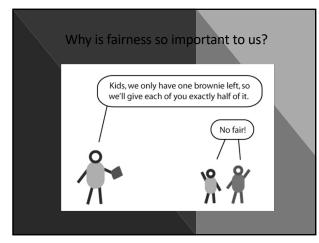


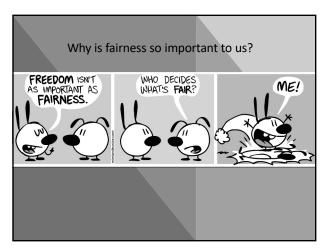




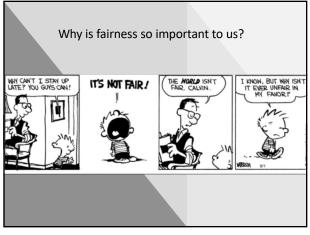












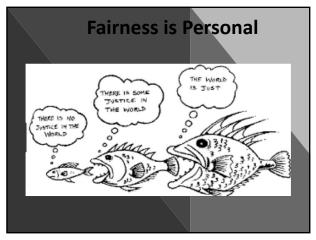






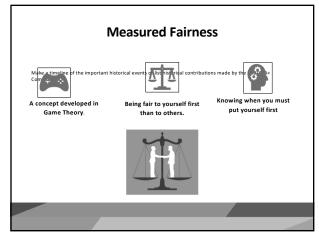








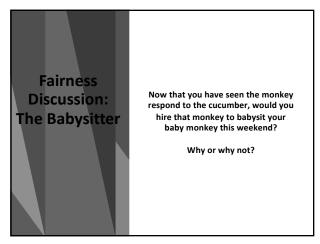










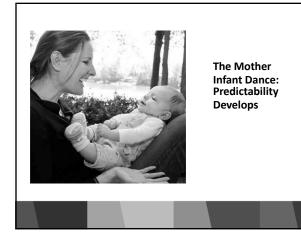


Reina and Her Mother: Trust Begins





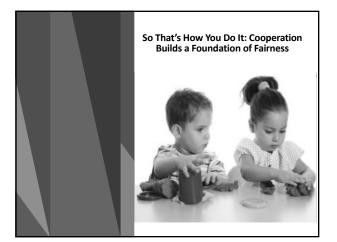
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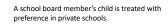
#### Fairness Discussion: What does fairness look like to students?

- What are some of the comments from students around fairness?
- What are your responses to those comments?
- What are some of the behaviors you see as a result?

#### **Questions to Consider**

- What might be perceived as unfair to a student?
- If a student feels that you have been unfair, that is in grading, or in positive or negative reinforcement, wha will the emotional response look like? nent. what
- When a teacher favors one or more students over others who try to win the teacher's affection or live up to the teacher's expectation but still never get called on, what do they feel like?
- Might issues of fairness lead to a student becoming hostile and resisting the teacher's requests? Will the student then be labeled?

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Super aggressive parents' children are treated with deference and preference.

Girls and boys are disciplined differently. One child always called on. Another never called on.

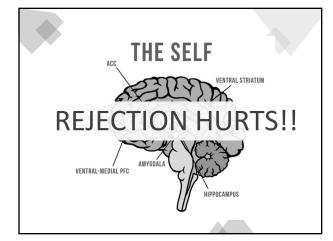
Teachers are meant to keep their religious backgrounds hidden but are allowed to share political leanings.

Students get in trouble for swearing but not bullying.

More girls than boys receive higher conduct scores.

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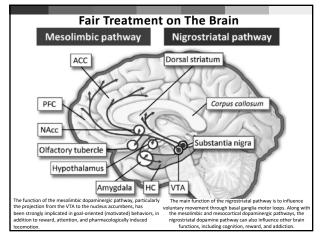
Sound Familiar?







When people feel treated unfairly, several regions of the brain are activated as they process the emotional, cognitive, and social aspects of the Make a superience: While individual responses can Vary based on personal experiences, cultural background, and individual temperaments, research has highlighted the following brain areas and processes in response to perceived unfairness.

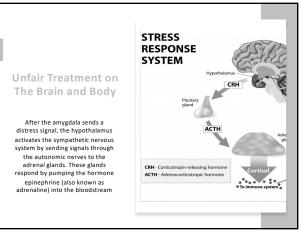




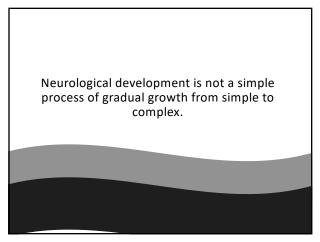
Our Brains are Sensitive to Fairness

- Anterior Insula: This region is activated when people perceive unfairness or are victims of injustice. The anterior insula is involved in processing negative emotions, particularly feelings of disgust. When someone feels that they ve been treated unfairly, this region can elicit feelings of aversion.
- Anterior Cingulate Cortex (ACC): This area detects cognitive conflict and plays a role in error
  detection. When someone perceives unfairness, the ACC might signal that something is
  wrong with the situation.
- Amygdala: This almond-shaped set of neurons is key for emotional processing. When one experiences perceived threats or negative emotions related to unfairness, the amygdala is activated. The heightened amygdala activity can lead to increased feelings of fear or anger.
- Exoracle The Inference any goal activity can be and to increasing a second or the origin. Dorschaft Prefrontal Configuration and the second or the second or the second or the origin of control, moral decision-making, and perspective-taking. When faced with unfairness, the DUFPC can help an individual weigh the consequences of their potential responses. Stratume: Particularly the ventral stratum is involved in reward procession. In the construst stratume: Particularly the ventral stratum.
- Striatum: Particularly the ventral striatum, is involved in reward processing. In the context of social interactions and fairness, activity in the striatum can reflect how individuals evaluate outcomes. Decreased activity might be seen when rewards are perceived as unfair.
  Ventral Medial Prefrontal Cortex (vmPFC): This region is associated with evaluation the
- Ventral Medial Prefrontal Cortex (vmPFC): This region is associated with evaluating the emotional significance of events, decision-making, and understanding the perspective of others. When faced with undiriness, the vmPFC might help individuals understand the motivations of others or decide how to respond.

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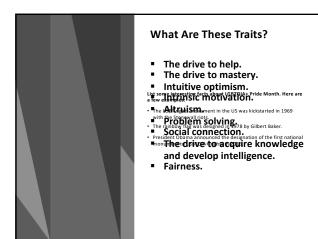
41



Make a timeline of the **Compared-with the brain of the child**, LGBTOLA+ Community. representation of function in the adult brain is likely to be more focal, to make greater use of inhibitory processes, and to implicate non-cortical regions associated with the automatization of skills.

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Children are genetically endowed with certain patterns/traits of thought and behavior.



Caregivers are the architects of the way in which experience influences genetically preprogrammed but experience dependent brain development.

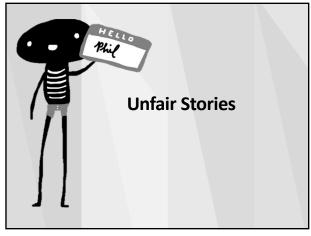
> Daniel Siegel The Developing Mind



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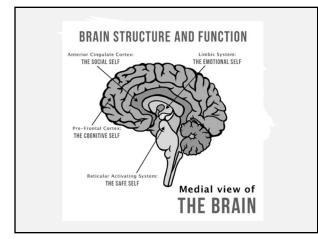














#### Social Self

Refers to the aspect of self that is constructed around one's interactions with others and their place within the social environment.

It includes perceptions about how we are seen by others, our social roles, the relationships we have, and our understanding of social norms.

Our social identity, which includes group memberships like race, gender, nationality, etc., is also part of the social self.

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**Emotional Self** 

Refers to one's awareness of their own emotional states, how one manages and expresses emotions, and how one's emotions affect their behavior and decisions.

The emotional self is closely tied to emotional intelligence, which includes abilities such as recognizing emotions in oneself and others, regulating emotions, and using emotional information in decision-making.

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#### Cognitive Self

Refers to the processes and abilities related to thinking, reasoning, problem-solving, and knowledge.

It includes one's self-concept related to intellectual abilities, self-efficacy in cognitive tasks, and the strategies one employs for learning and understanding.

The cognitive self encompasses how we perceive, interpret, and organize information about ourselves and the world around us.

#### Safe Self

The term "safe self" isn't as commonly used in the same canonical sense as the previous terms, but in contexts where it is referenced, it generally pertains to the aspect of self that feels secure, protected, and free from harm or threat.

This could relate to physical safety, emotional safety, or psychological safety. In therapeutic contexts, for example, a "safe self" might refer to the state or part of an individual that feels grounded and secure, even when other parts might feel vulnerable or threatened.

#### 55

Together, these different "selves" form a holistic view of an individual, encompassing their interactions with others, their internal emotional world, their cognitive processes, and their sense of security and safety.

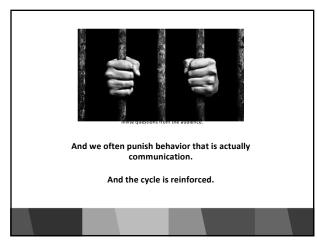
They can be especially important in various therapeutic, educational, and developmental contexts, as understanding and nurturing each aspect can promote overall well-being and growth.







Behavior can also represent how we react to being treated unfairly.

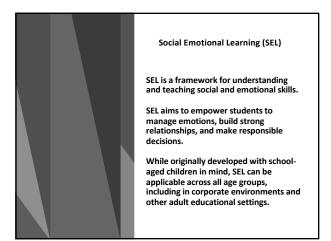


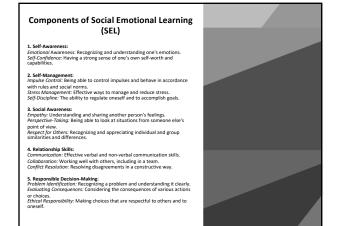
In normal children, perceptual, affective and neuro-regulatory mechanisms predispose young infants to engage in social interaction from very early on in their lives. To seek out the company of others to help and be helped.

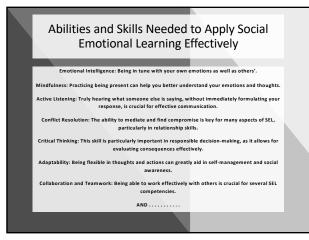
We're hard wired to socialize.

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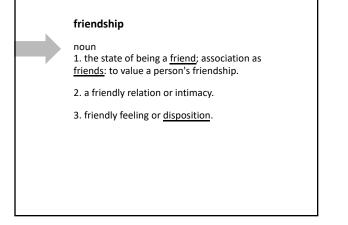
#### friend

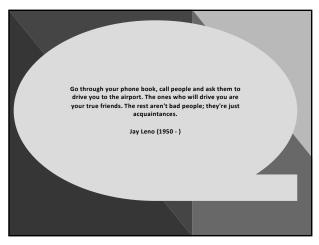
Noun A person whom one knows and with whom one has a bond of mutual affection, typically exclusive of sexual or family relations.

Verb

Add (someone) to a list of contacts associated with a social networking Web site.

Synonyms pal - mate - chum - buddy - comrade - fellow companion







#### Social Engagement

- What goes through a child's mind when he/she thinks about other children?
- Does he/she understand their social relations?
- Does he/she search for rules that would allow classification of relationships?
- What does he/she attribute as far as motives and behaviors as a result?

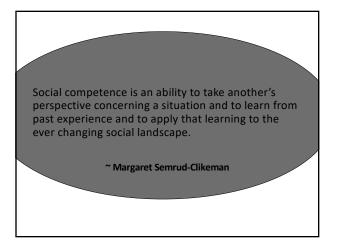


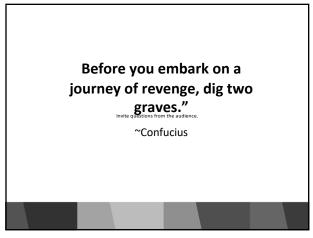
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#### **Social Engagement**

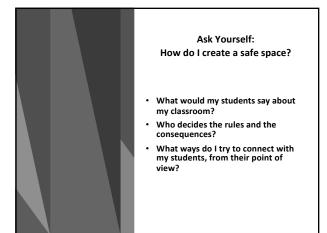
- Does he/she impute motives and beliefs to them in order to better predict their behavior?
- Does he/she impute motives to the self when planning a course of social engagement?
- In what ways are her/his social thoughts similar to others?

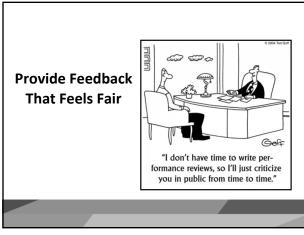




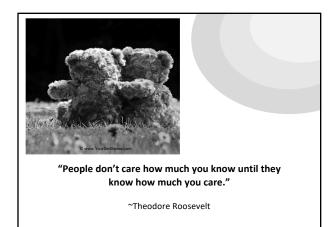




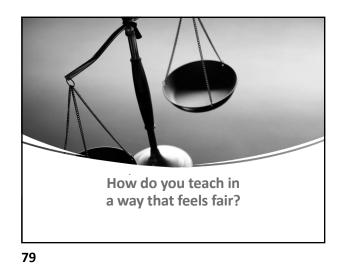
















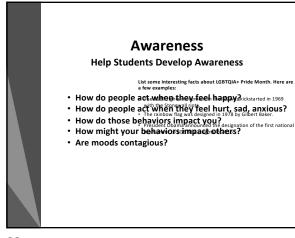


## Feelings

Help Students Recognize and Label Them

- Use hand puppets, emojis, to help familiarize and label.
- Mirror the feelings you see them having.
- Validate the feelings so they recognize we all have them.
- Discuss the feelings that others have—in a book, in the news, locally.
- Play the Pyramid Game.
- Model a new emotion each day and talk about it.

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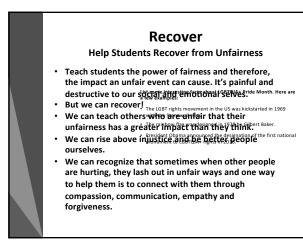


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#### Involvement

Help Students Realize Their Innate Motivations to Be Social

- How can we help people to feel valued?
- How can we help people to feel included?
- Incorporate project-based learning and service learning.
- Discuss the differences between extrinsic and intrinsic motivations—grade level





Forgiveness

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### Seven Steps To Create a Fair Classroom

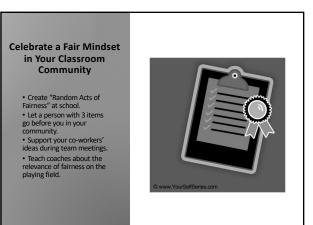
- 1. Know yourself and when you are having a bad day. Correct it right away, or let the students know what is happening, if appropriate.
- Promote gender (and racial) equality in all subjects. Give equal praise and expectations in math and science for girls and reading and writing for boys.
- 3. Apologize when you make a mistake or have a misunderstanding. You will be a great role model.
- 4. Create well-developed lesson plans, an organized classroom and clear expectations for all students. Be prepared every day. Make sure that all of your materials are gathered ahead of time.

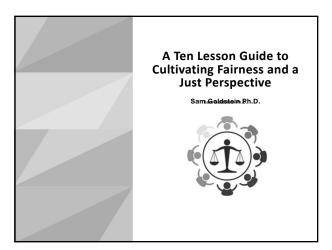
### Seven Steps To Create a Fair Classroom

- 5. Collaborate with students on projects and let them help to make classroom decisions.
- 6. When selecting students to either participate in question and answer or to help out in the classroom, always do it by random draw, and keep track of whom you have called upon. Help a struggling student individually.

 Keep accurate assessment records. In addition to telling parents, let students know their grades and where they need improvement.

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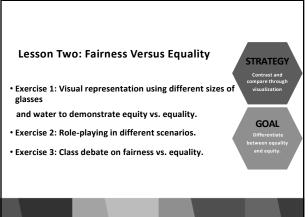


#### Introduction

In this guide, the process of understanding, experiencing, and teaching ensures that students develop a robust and actionable comprehension of fairness, applicable across varied contexts.

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#### Lesson Three:

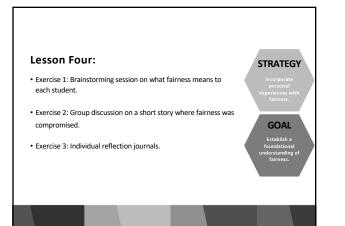
- Exercise 1: Brainstorming session on what fairness means to each student.
- Exercise 2: Group discussion on a short story where fairness was compromised.
- Exercise 3: Individual reflection journals.



STRATEGY

rsonal

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#### Lesson Six:

- Exercise 1: Brainstorming session on what fairness means to each student.
- Exercise 2: Group discussion on a short story where fairness was compromised.
- Exercise 3: Individual reflection journals.

0	STRATEGY Incorporate personal experiences with fairness.
s was	GOAL Establish a foundational understanding of fairness.

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#### Lesson Nine:

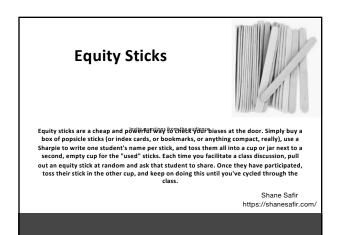
- Exercise 1: Brainstorming session on what fairness means to each student.
- Exercise 2: Group discussion on a short story where fairness was compromised.
- Exercise 3: Individual reflection journals.



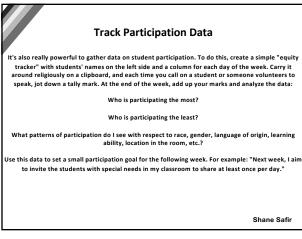
STRATEGY

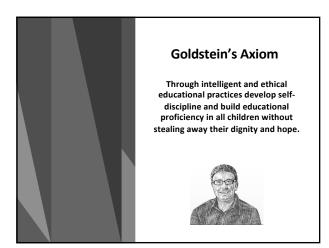
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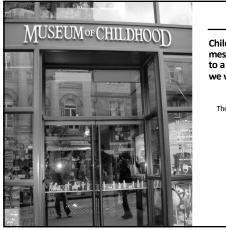












Children are living messages we send to a time and place we will never see.

> Neil Postman The Disappearance of Childhood

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