

The Seven Instincts That Make Us Human

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A STRONGER YOU



1

Success in childhood and adult life comes
from harnessing assets and strengths.



2

When children transition into adult life
their past mistakes, misbehavior or
problems are of little interest to others.

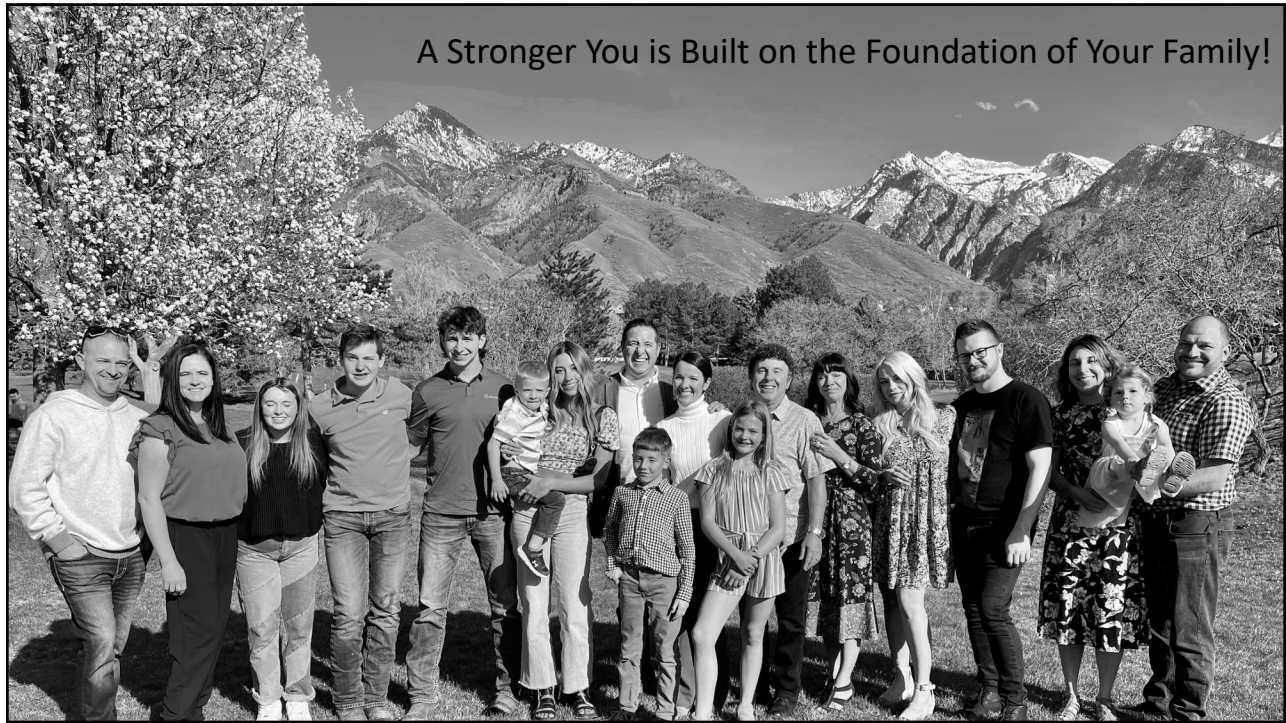


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WHERE, WHEN AND HOW DO YOU BECOME A STRONGER YOU?



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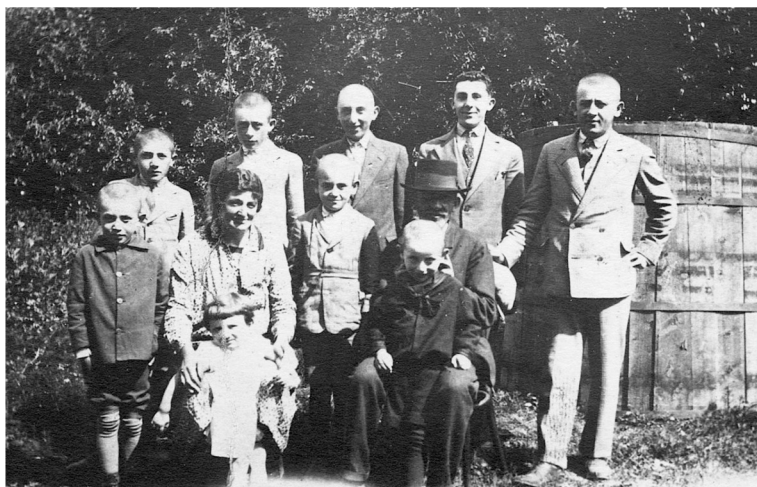
A Stronger You
Develops from the
Moment of Birth



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Caregivers are the architects of the way in which experience influences genetically preprogrammed but experience dependent brain development.

Daniel Siegel
The Developing Mind



8

Caregivers engineer the process by which the nexus of genes and experience interact. We call the expression of these processes instincts.



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Did you ever wonder . . .



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How do children learn to
speak?



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How do children learn to
manage their emotions?



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How do children
acquire knowledge?



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How do children master
challenging activities?

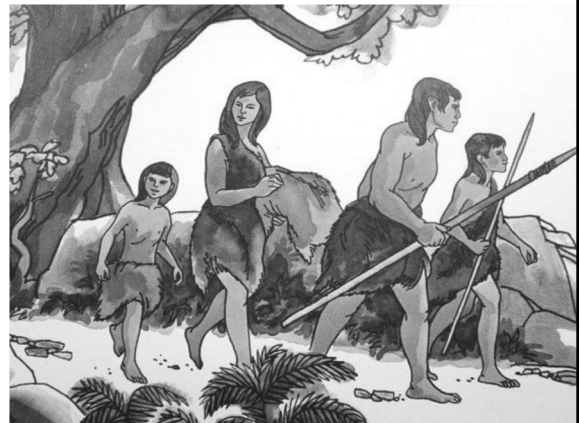
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How do children learn to socialize?



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For thousands of generations, parents, relatives, and others raised and prepared children to become successful adults, to acquire knowledge and skills that were needed to meet the challenges of their time.



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Me and My Dad!



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Me and My Folks



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Until relatively recent times in human history there were no schools or organized institutions, nor were there self-help or parenting books.



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How did they do it?

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Our ancestors raised the next generation by drawing upon seven important instincts that evolved over tens of thousands of years in many species.

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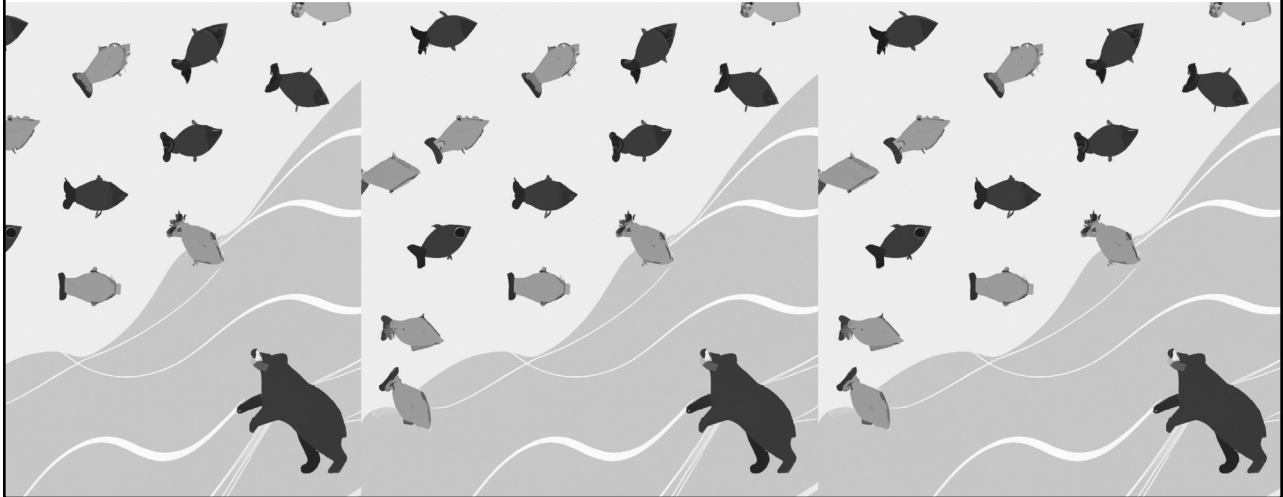
Instincts



In some species instincts are fixed patterns of behavior leading to a certain outcome such as a bird building a nest for the first time.

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Or a salmon returning upriver to its birthplace to spawn.



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However these instincts evolved furthest in our species likely because we developed spoken language.

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Language is the
Window Into
the Mind!



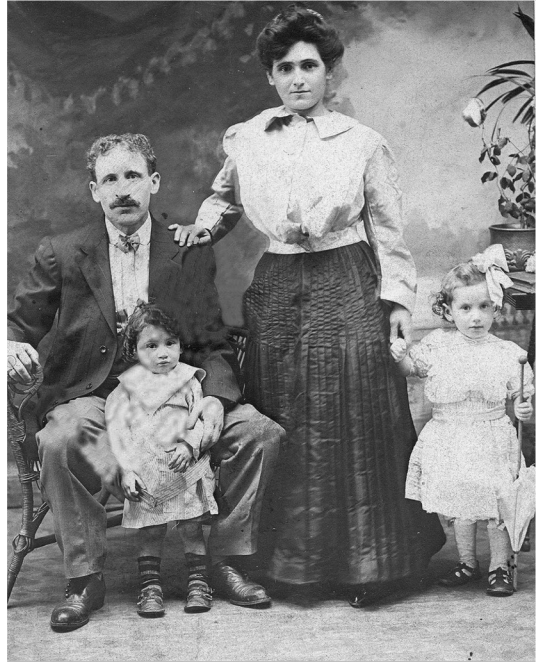
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In our species instincts represent an intuitive way
of thinking and/or acting that increase the
chances of survival and success



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In complex species instincts have served a critical role in shaping the developmental course through childhood into adulthood.



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In viewing instincts in this way we appreciate that knowing what to do and doing what you know are not synonymous. Ultimately outcome is very much dependent on experience.



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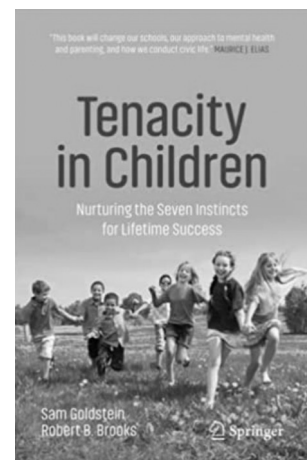
Through experience children
create their identity.



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These are the 7 Instincts of Tenacity:

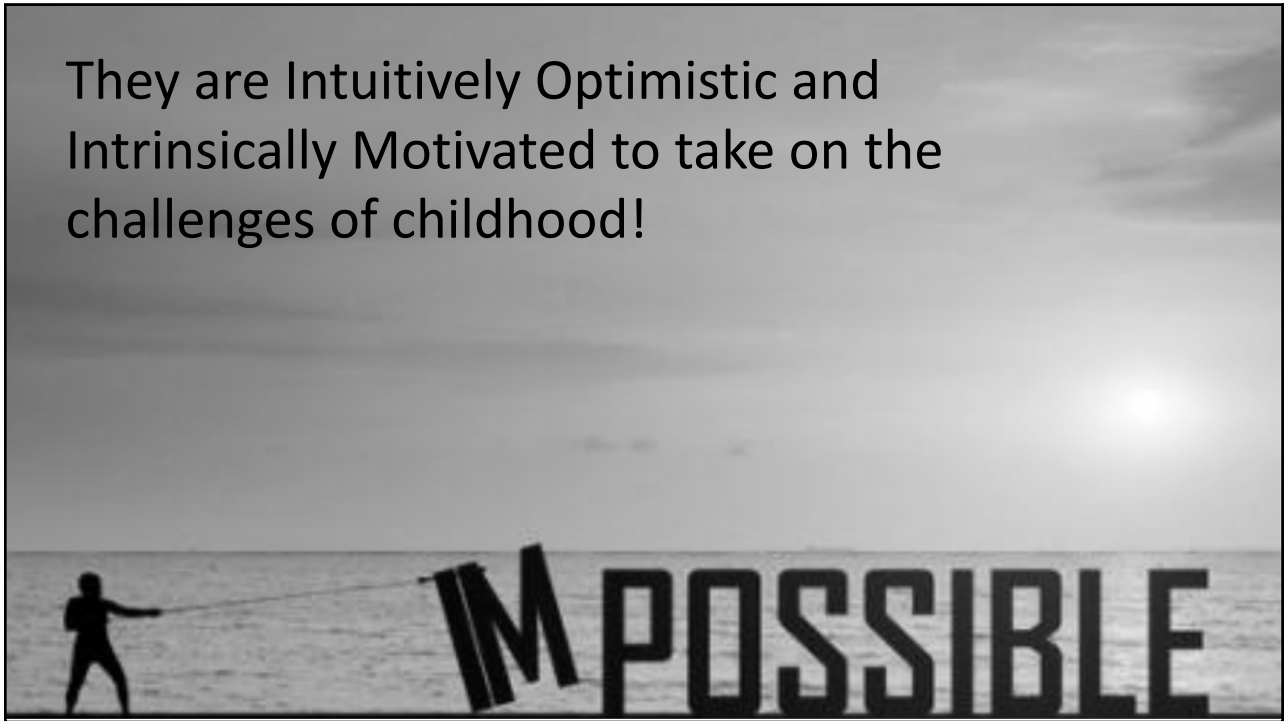
- Intrinsic Motivation
- Intuitive Optimism
- Compassionate Empathy
- Virtuous Responsibility
- Genuine Altruism
- Measured Fairness
- Simultaneous Intelligence



<https://tenacityinchildren.com/>

30

They are Intuitively Optimistic and
Intrinsically Motivated to take on the
challenges of childhood!



31



They form and maintain relationships through Compassionate
Empathy, Genuine Altruism and Virtuous Responsibility.

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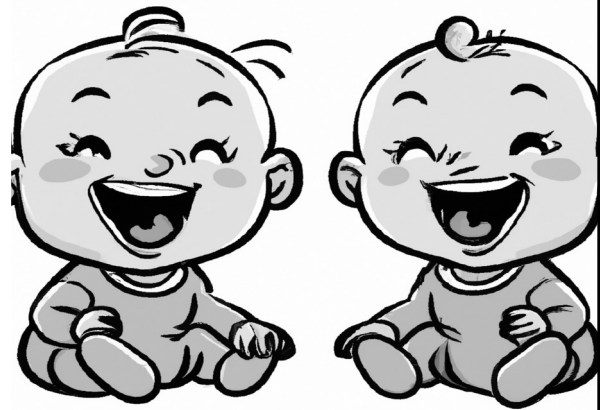


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Biology is not destiny.
. but it does impact
probability.



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Today, these seven instincts are more important
than ever in preparing children for tomorrow's
successes all of us throughout life.



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May our philosophies keep pace with our technologies. May our compassion keep pace with our powers. And may love, not fear, be the engine of change.

Dan Brown



38

These are the Instinctual Keys to A Stronger You:

- Intrinsic Motivation
- Intuitive Optimism
- Compassionate Empathy
- Virtuous Responsibility
- Genuine Altruism
- Measured Fairness
- Simultaneous Intelligence



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is?

TED^xTimpviewDrive

x = independently organized TED event

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